

# Telemedicine

Four great benefits brought together by The IHC Group to help you manage healthcare costs and make informed healthcare decisions.

\$12.50/single  
or  
\$14.95/family  
per month



**Talk to a doctor anytime!  
Only \$15 per consultation.**

Teladoc connects you 24/7/365 to a national network of board-certified doctors who average 15 years' experience. Within minutes, a doctor will call you back ready to listen and resolve your issue. If medically necessary, a prescription will be sent to your pharmacy of choice. It's healthcare in the palm of your hand.\*



Making healthy lifestyle choices and staying informed on common medical conditions can be achieved with the IHC Best Health website. Learn about fitness trends for both adults and kids, discover new recipes and diet tips, and watch videos about nutrition and fitness at [www.ihcbesthealth.com](http://www.ihcbesthealth.com).



Innovative Medical Risk Management, Inc. (IMRM), a division of The IHC Group, provides advocacy on your behalf in the event of large out-of-pocket expenses associated with high-deductible health plans, out-of-network charges or expensive prescription drugs. With a history of proven success, IMRM can assist through balance bill support.



Davis Vision is pleased to provide you with the Clear Vision discount program—a no-cost, traditional discount program that provides significant savings on eye exams, lenses, frames and additional eyewear options.

*This is a discount plan only and is not health insurance.*

\*© 2015 Teladoc, Inc. All rights reserved. Teladoc and the Teladoc logo are trademarks of Teladoc, Inc. and may not be used without written permission. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Teladoc physicians reserve the right to deny care for potential misuse of services. Teladoc phone consultations are available 24 hours, 7 days a week, while video consultations are available during the hours of 7 a.m. to 9 p.m., 7 days a week.



Telemed 0715